



LEARNING VIDEOS

BUSINESS | EDUCATION | ENTERTAINMENT

7d-tv.com | eveash.com



THE 7D STORY

Seven Dimensions was founded by Eve Ash in 1979, after Eve became inspired by John Cleese to produce comedy films so learning at work could be fun.

Over 700 videos and interactive training packages have been produced on leadership, communication and professional development for adults and schools.

NEW RELEASES in 2019 make this one of the most prolific years for Seven Dimensions. 40 new video programs for the Insights & Strategies Series and 150+ Microlearning videos including the new series 2 Minutes 2 Success. Over 250 e-learning courses are being built for release during 2019-2020.

AWARDS 7D has won 160 awards for creativity, excellence and outstanding achievement.

PRODUCTS include video streaming, e-learning courses, DVDs, workshops, keynotes and books.

EVE ASH and the 7D team have produced hundreds of short films, documentaries and TV episodes. Eve has been the winner of an Australian Businesswoman of the Year Award. She produced the Cutting Edge Communication and Insights & Strategies, and a new range of Microlearning videos. Eve worked with Olympian Cathy Freeman to create the multi award-winning Finding My Magic cartoons to help children build confidence, know their rights and stand up to bullying.

Her broadcast films include the award winning feature documentary, Shadow of Doubt and the 6-part TV series Undercurrent: Real Murder Investigation (2019) in which she stars. Her latest feature documentary Man on the Bus is now on the international film festival circuit. Eve has written three books and is a popular keynote speaker.



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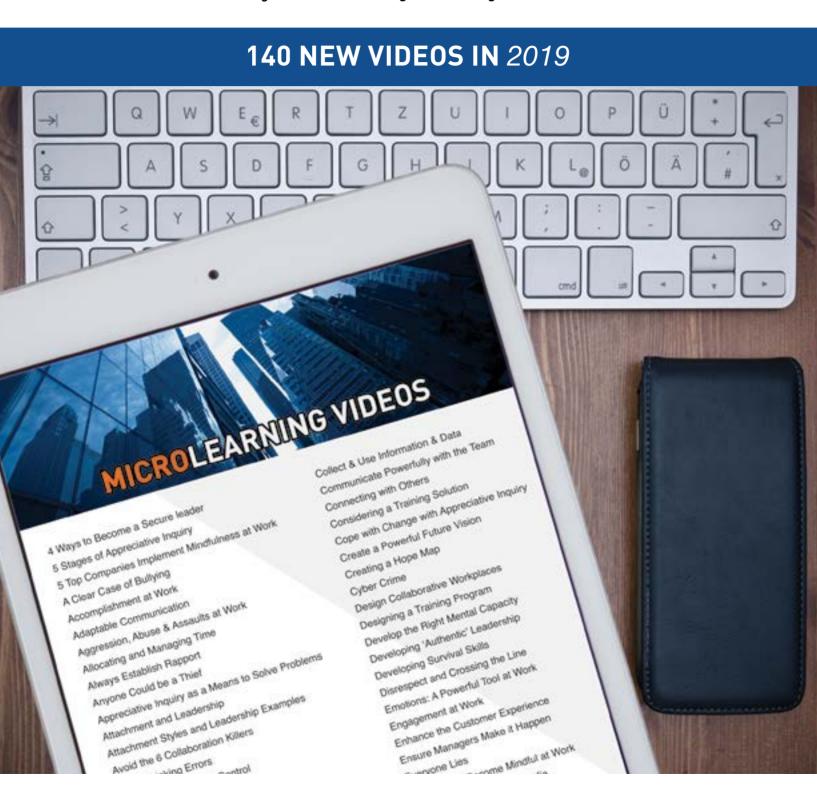
MICROLEARNING JUST THE SKILL YOU NEED

Short videos for fast, focused learning

An exciting range of succinct 1-5 minutes videos.

Covering business, communication and personal development topics.

These videos are stand-alone segments from the Insights & Strategies Series



MICROLEARNING VIDEOS FOR MOTIVATION & SKILLS

On the run, on your device

4 VIDEOS

GETTING MOTVATED

Psychologist Eve Ash shows us how our own 'messages' or mood can impact success.

Create a positive mindset and learn how the Negative Land of W (wishing, whining and wasting time) blocks your success. Negative scripts can be rewritten to positive scripts which motivate us to achieve goals.

A fun cartoon series about Jack and his negative colleague jane.



Getting Motivated: Getting Up

GETMOT01 | 2mins

The 'Negative Land of W' keeps us stuck. Change negative scripts to positive scripts and see results.

Getting Motivated: Getting Started

GETMOT02 | 2mins

You have power over your own negative mood monster. Use positive scripts to take control.

Getting Motivated: Getting Control

GETMOT03 | 2mins

Get rid of negative scripts that hold you back and find your turnaround key to become positive.

Getting Motivated: Getting Positive

GETMOT04 | 2mins

Negativity is contagious. Make positive suggestions for improvements instead of complaining

* Many videos include PDF resources

7 VIDEOS

SWITCH ON THE RIGHT ATTITUDE

7 animated videos to transform negative thinking patterns to help you become switched on to success, motivation and a positive culture.

Help your team to replace negative thoughts so they communicate effectively and achieve success.

Switch on Everyone

SWITCH01 | 7mins

Develop a positive motivating culture with everyone on track and inspired.

Switch on Respect

SWITCH02 | 6 mins

Discover the importance of respectful thinking to create a culture of respect.

Switch on Service

SWITCH03 | 6 mins

When everyone has a positive service attitude the organization shines.

Switch on Caring

SWITCH04 I 6 mins

A powerful video for everyone, especially in heath care, to develop caring attitudes.

Switch on Assertiveness

SWITCH05 | 6 mins

Replace aggressive or non-assertive thoughts with assertive thinking.

Switch on Managers

SWITCH06 | 3mins

Managers must develop a positive attitude to their work and their staff.

Switch on Staff

SWITCH07 | 4mins

Reconsider unproductive negative thinking and develop attitudes for success.



12 VIDEOS NEW 2019

2 MINUTES 2 SUCCESS

A series of 2 minute videos with powerful, crisp messages to motivate and inspire everyone. Developed by psychologists Eve Ash and Peter Quarry

How can you influence others?

2M2S01 | 2mins

Persuade others to accept your views.

How to break out of a career rut

2M2S02 | 2mins

Relax, research and reinvent yourself.

How to break your digital addiction

2M2S03 | 2mins

Kick start your digital wellness now.

How to deal with an incompetent manager

2M2S04 | 2mins

Check facts and implement strategies.

How to handle a complainer

2M2S05 | 2mins

Try empathy but don't reward bad behavior.

How to handle an unreliable person

2M2S06 | 2 mins

Leverage reputation with public commitment.

How to manage your own anger

2M2S07 | 2 mins

Anger is energy you can transform.

How to overcome low self esteem

2M2S08 | 2 mins

Use simple strategies and avoid triggers.

Should you blow the whistle?

2M2S09 | 2 mins

Five questions to help decide your path.

What to do if overwhelmed and stressed?

2M2S10 | 2 mins

Three ways to manage stress now.

Be a HERO

2M2S11 | 2 mins

Be Honest, Ethical, Respectful, Optimistic.

Take PRIDE in your work

2M2S12 | 2 mins

Personal Responsibility In Delivering Excellence



150 CUTTING EDGE COMEDY PROGRAMS











Cutting Edge Corporation is a simulated company created by psychologist Eve Ash and comedienne Erin Brown. The managers and staff are constantly making mistakes and fixing problems. Despite the hilarious communication disasters, each program is packed with powerful lessons. Filmed in LA, these programs feature many brilliant comedy performers, led by Erin Brown as Carol, and Emmy Award winner Kim Estes, as Marcus, the boss.

There are 150 titles in the Cutting Edge Communication Comedy Series, including 60 English programs. All videos include PDF resources.

Combining psychology, comedy and linguistics

Eve Ash, Erin Brown and English language expert Dr Fran Byrnes bring you the opportunity to experience the power of comedy to learn leadership, communication and English language skills, through these 150 remarkable best selling comedy programs.





SHERRY









CASEY



SAN ΙΔΥ



ΜΔΝΔ



CARLOS

TATIANA

SAM

VIEWER FEEDBACK ★★★★

Like a sit com! I want more.

I can't wait to show them more of Cutting Edge.

Original and very funny, and make their points very well.

What an amazing response ... the engagement was brilliant.

Easy to follow and entertaining.

Ideal length and very engaging.

The points are summarized very clearly.

Really relevant to what happens at work.



10 VIDEOS

PERSONAL SUCCESS & COMMUNICATION SKILLS

- Overcoming Fears
- Improving Self Esteem
- Boosting Emotional Intelligence
- Managing Time Successfully
- Achieving SMART Goals
- Developing Successful Mindsets
- Listening Actively
- Responding Thoughtfully
- Apologizing Carefully
- Navigating Career Change

7 VIDEOS

SALES, SERVICE & NEGOTIATION

- Creating Positive Impressions
- Delivering Sensational Service
- Enhancing Service
- Starting Relationship Selling
- Building Relationships
- Negotiating for Success
- Negotiating for Results

9 VIDEOS

PRESENTATIONS, TRAINING & ONLINE

- Presenting with Passion
- Pitching and Influencing
- Delivering Training Masterfully
- Developing Trainer Skills
- Explaining Skillfully
- Teaching Greetings
- Meeting for Results
- Facing Social Media
- Mastering Social Media

7 VIDEOS

HANDLING CONFLICT & DIFFICULT PEOPLE

- Handling Anyone Difficult
- Diffusing Anger
- Resolving Conflict
- Mediating for Resolution
- Surviving Team Conflicts
- Giving Hygiene Feedback
- Managing a Complainer

10 VIDEOS

MANAGING PERFORMANCE & STANDARDS

- Understanding Accountability
- Managing Projects Effectively
- Using Goals to GROW
- Coaching New People
- Sharing Feedback
- Giving Managers Feedback
- Handling Tricky Appraisals
- Preparing for My Appraisal
- Behaving Unprofessionally
- Privacy and Ethical Behavior

10 VIDEOS

MANAGING STRESS, SAFETY & WELL BEING

- Surviving Stress and Burnout
- De-Cluttering the Office
- Stretching the Team
- Removing TensionWorking Safely
- Preparing for Emergencies
- Ensuring Security
- Managing Crises
- Minimizing Risk
- Overcoming Setbacks

10 VIDEOS

LEADING PEOPLE, CHANGE & CULTURE

- · Accepting Change
- Planning and Organizing
- Supervising Effectively
- Transforming SILOS
- Creating a No-Blame Culture
- Being an Employer of Choice
- Managing Remotely
- Creating Workforce Agility
- Looking at Employment Contracts
- Unions and Collective Bargaining

7 VIDEOS

DIVERSITY, BULLYING & RESPECT

- Breaking Bullying
- Stereotyping and Diversity
- Prejudice and Discrimination
- Appreciating Diversity
- Global Cultural Awareness
- Ensuring a Respectful Workplace
- · Arrogance and Humility

10 VIDEOS

BUILDING EFFECTIVE & MOTIVATED TEAMS

- Recruiting the Best
- Trying Myers-Briggs
- Welcoming New People
- Staying Motivated at Work
- Supporting Others
- Embracing New Ideas
- Brainstorming and Solving
- Making Decisions
- Handling the New Wave
- Overcoming Disempowerment

Short, clever and engaging

10 VIDEOS

PERSONAL SUCCESS & **COMMUNICATION SKILLS**

Overcoming Fears

9 minutes | CEC73

Everyone has fears but Marcus worries that Sam is watching him to find mistakes.

Improving Self Esteem

9 minutes | CEC75

Some people must learn to recognize their worth and unlock their potential.





Boosting Emotional Intelligence

9 minutes | CEC58

Steve and Sam facilitate an emotional intelligence session but some don't learn.

Managing Time Successfully

9 minutes | CEC53

Marcus creates the IT'S TIME campaign but not everyone can be a time champion.

Achieving SMART Goals

9 minutes | CEC37

Learn the SMART formula and set specific measurable goals that are relevant and achievable within a time frame.

Developing Successful Mindsets

7 minutes | CFC02

Steve's negativity is now contagious. Wishing, whining and wasting time must change.

Listening Actively

8 minutes | CEC19

Carol accuses Marcus of not listening now everyone must learn to listen effectively.

Responding Thoughtfully

9 minutes | CEC38

Listen supportively by clarifying, reflecting, advising with care and probing (CRAP).

Apologizing Carefully

9 minutes | CEC34

Sam and Michael work on perfecting apologies, whilst Serena apologizes to Carol.

Navigating Career Change

9 minutes | CEC80

Barney coaches Dion on career strategy and Serena explains a SWOT analysis.

7 VIDEOS

SALES, SERVICE & NFGOTIATION

Creating Positive Impressions

6 minutes | CEC01

Carol and her team are rude, vague and miss opportunities to impress.

Delivering Sensational Service

10 minutes | CEC54

Casey practices her service skills on Tammy, but the strategy backfires.

Enhancing Service

9 minutes | CEC41

Listen to customers, build rapport and demonstrate you care by being efficient, knowledgeable and a problem solver.

Starting Relationship Selling

10 minutes | CFC55

When Carol is left to train four staff to sell, she assumes none will succeed.

Building Relationships

8 minutes | CEC23

Marcus creates a speed dating training session for staff to learn the best ways to build rapport.

Negotiating for Success

10 minutes | CEC56

Casey and Sam demonstrate skills, but best negotiators are Carol and Steve.

Negotiating for Results

7 minutes | CEC33

Steve negotiates well with the Australian client, despite Serena almost losing the deal.



9 VIDEOS

PRESENTATIONS. TRAINING & ONLINE

Presenting with Passion

9 minutes | CEC24

Carol teaches the staff how to present with impact - from BLAND to GRAND.

Pitching and Influencing

10 minutes | CEC57

Tammy wants to learn to pitch so gets help from Carol.

Delivering Training Masterfully

9 minutes | CEC60

Carol, Steve and Sam provide valuable lessons and training techniques.

Developing Trainer Skills

9 minutes | CFC59

Dion's training skills are improving and many give advice.

Explaining Skillfully

9 minutes | CEC22

Skills covered include engagement, structure, maintaining interest and understanding.

Teaching Greetings

7 minutes | CEC20

Alex teaches Carlos reception skills - using names and greetings correctly.

Meeting for Results

8 minutes | CEC76

It's time to have productive meetings but some get it wrong.

Facing Social Media

9 minutes | CEC21

Sam introduces the new Social Media Policy for Cutting Edge, but problems emerge regarding personal use during work.

Mastering Social Media

8 minutes | CEC74

The team shares what they know and have learned about social media.



Laugh, discuss and learn

7 VIDEOS

HANDLING CONFLICT & DIFFICULT PEOPLE

Handling Anyone Difficult

8 minutes | CEC44

Steve teaches Carlos 6 key skills so problems don't escalate with difficult people.

Diffusing Anger

9 minutes | CEC29

Marcus encourages staff to develop and demonstrate their skills for controlling anger.

Resolving Conflict

9 minutes | CFC45

Six essential skills for preventing and resolving conflict with best outcomes.

Mediating for Resolution

9 minutes | CEC46

Learn excellent skills for controlling respectful exchanges and facilitating solutions.

Surviving Team Conflicts

6 minutes | CEC04

Carol communicates openly to resolve aggression and non assertiveness in her team.

Giving Hygiene Feedback

9 minutes | CEC03

It's wrong to be nasty, make jokes or leave unsubtle gifts as feedback.

Managing a Complainer

9 minutes | CEC28

Barney's anger upsets Carlos, Carol escalates it and Marcus causes a breakthrough.



10 VIDEOS

MANAGING PERFORMANCE **& STANDARDS**

Understanding Accountability

6 minutes | CEC11

Lack of accountability is a problem, so Carol wants instant commitment or else.

Managing Projects Effectively

8 minutes | CEC61

Sanjay is not a great project manager. Team members find out what it takes.

Using Goals to GROW

10 minutes | CEC39

Define goals and consider reality, obstacles, options and way forward.

Coaching New People

9 minutes | CEC50

Welcome them, give feedback, encourage new skills and be a good role model.

Sharing Feedback

9 minutes | CEC40

Avoid defensiveness, be open to receiving and give specific balanced feedback.

Giving Managers Feedback

8 minutes | CEC15

Managers need feedback to improve but they don't always like what they hear.

Handling Tricky Appraisals

9 minutes | CEC10

Carol rates herself high but her performance appraisal is full of conflict and surprise.

Preparing for My Appraisal

8 minutes | CEC71

Marcus coaches Dion to be well prepared for an appraisal with Carol.

Behaving Unprofessionally

New rules must be put in place to ensure no-one steps over the line.

Privacy and Ethical Behavior

9 minutes | CEC67

Casey stalks a customer and Barney bribes Carlos for information.

10 VIDEOS

MANAGING STRESS. SAFFTY & WFI I BFING

Surviving Stress and Burnout

8 minutes | CEC08

Marcus offers a novel way for staff to offload stress and anxiety but it backfires.

De-Cluttering the Office

8 minutes | CFC14

The office is a mess so Carol introduces new rules to ensure a safe clean workplace.

Stretching the Team

9 minutes | CEC30

Marcus hires a trainer to help staff stretch and alleviate stiffness at work.

Removing Tension

8 minute | CEC31

Serena is dragged unwillingly into a stretch class but actually benefits.

Working Safely

9 minutes | CEC32

Serena's surprise party is the setting for safety awareness and risk prevention.

Preparing for Emergencies

8 minutes | CEC47

Marcus sets up a dangerous evacuation drill with dire consequences.

Ensuring Security

8 minutes CEC48 | 978-1-921909-33-7

Staff must question strangers, check ID and speak up if they see something.

Managing Crises

10 minutes | CEC65

Marcus accidentally donates \$1 million and the team must fight to keep their jobs.

Minimizing Risk

8 minutes | CEC66

Marcus holds black swan day to help prepare people for crisis scenarios.

Overcoming Setbacks

9 minutes | CEC43

When facing setbacks recognize when you feel stuck and move forward.

Have fun and learn skills!

10 VIDEOS

LEADING PEOPLE, CHANGE & CULTURE

Accepting Change

5 minutes | CEC07

Everyone is frustrated and resisting change. Steve helps them progress.

Planning and Organizing

8 minutes | CEC25

Serena busts Carol and Marcus over poor conference planning but they soon get organized.

Supervising Effectively

9 minutes | CEC26

Carol is autocratic, Marcus laissez faire, Sam supportive and Serena is results focused.

Transforming SILOS

8 minutes | CEC42

Avoid a closed fragmented culture and ensure caring, sharing and collaboration.

Creating a No-Blame Culture

7 minutes | CEC12

Everyone is blamed when Carol's social responsibility strategy goes horribly wrong.

Being an Employer of Choice

10 minutes | CEC63

Carol ignores ways to improve, but then presents Sherry's ideas as her own.

Managing Remotely

9 minutes | CEC77

The team explores the pros and cons of managing remotely, but not all agree.

Creating Workforce Agility

9 minutes | CEC64

Dion has researched workforce agility and is now advising Carol and Marcus.

Looking at Employment Contracts

8 minutes | CEC69

Sanjay, the union rep, and several others offer some practical advice.

Unions and Collective Bargaining

8 minutes | CEC68

Casey is on strike, the union and managers are supportive, until they see her motives.

7 VIDEOS

DIVERSITY, BULLYING & RESPECT

Breaking Bullying

8 minutes | CEC09

Bullying is harmful so Marcus offers a radical bullying prevention training session.

Stereotyping and Diversity

9 minutes | CEC51

Marcus uses hat day to demonstrate stereotyping and Casey is in tears.

Prejudice and Discrimination

10 minutes | CEC52

Dion experiences prejudice and Casey is victim to mob mentality.

Appreciating Diversity

9 minutes | CEC17

Marcus hires two foreigners to improve diversity at work but their English is poor.

Global Cultural Awareness

8 minutes | CEC70 $\,$

Barney disrupts a cultural awareness session Serena is trying to facilitate.

Ensuring a Respectful Workplace

8 minutes | CEC13

Insensitive racist remarks and talking behind people's backs cause hurt all round.

Arrogance and Humility

9 minutes | CEC79

Some of the team must decrease arrogance and increase humility.



10 VIDEOS

BUILDING EFFECTIVE & MOTIVATED TEAMS

Recruiting the Best

10 minutes | CEC62

Marcus must stop using a lucky dip and learn fair and effective selection strategies.

Trying Myers-Briggs

10 minutes | CEC72

The team explores the MBTI® (Myers-Briggs Type Indicator®) and gain insights into their personality traits.

Welcoming New People

7 minutes | CEC18

Carol inducts Carlos and Tammy under pressure and forgets about Sherry.

Staying Motivated at Work

8 minutes | CEC16

Some people feel flat and don't realize what motivates them to improve.

Supporting Others

8 minutes | CEC27

Everyone competes to be the most supportive to Tammy and win the award.

Embracing New Ideas

7 minutes | CEC06

Marcus encourages the group to share new ideas but nobody likes his idea.

Brainstorming and Solving

8 minutes | CEC78

Dion provides insights into brainstorming strategies, while Carol is the solver.

Making Decisions

7 minutes | CEC36

When Marcus fires someone unethically, Serena teaches the DECIDE model.

Handling the New Wave

9 minutes | CEC49

An amusing program about managing the expectations and behaviors of the newest recruits.

Overcoming Disempowerment

7 minutes | CEC05

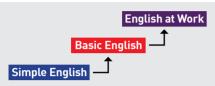
Michael is upset about Carol's bullying, and Marcus tries to inspire her to lead.

60 VIDEOS FOR LEARNING ENGLISH

Build confidence with everyday English

Videos are 15-19 minutes each and include PDF resources.

Three graded series of videos to build language skills with comprehensive written activities and Powerpoint slides, covering key learning points.





The Cutting Edge English programs comprise 60 ground-breaking programs that combine psychology, linguistics and instructional design to engage learners of English. Episodes include: language functions | grammar | vocabulary | expressions | pronunciation | useful tips

Language Learning with a TV show

These innovative Cutting Edge English programs engage learners with fun characters, strong storylines and interesting conversations – spoken in everyday English. The programs are graded and structured to assist learners at IELTS Levels 3 through to 6.

The programs are entertaining television for home and classrooms, with lots of examples and opportunities to practice.

Have fun working through 60 videos and activities, to achieve English success.







- 1. Hello
- 2. Numbers
- 3. Can you spell that?
- 4. About us
- 5. Where is it?
- 6. When?
- 7. How much? How many?
- 8. Meal time
- 9. Work
- 10. At the market
- 11. The weekend
- 12. At home
- 13. Vacation time
- 14. Online
- 15. I don't know
- 16. I love it
- 17. Doing things
- 18. Fun with friends
- 19. Are you OK?
- 20. Emergency!



- 1. Meeting people
- 2. Family and friends
- 3. Giving information
- 4. Thanks!
- 5. What do you do?
- 6. A typical day
- 7. Where can we meet?
- 8. What's happening?
- 9. Instructions and advice
- 10. You choose
- 11. Asking for help
- 12. How do you feel?
- 13. Let's go
- 14. How was your week?
- 15. Comparing
- 16. Do you like them?
- 17. Be careful
- 18. Chatting
- 19. Can I help?
- 20. What are you going to do?



- 1. Greeting and Introducing
- 2. Saying Where People Are
- 3. Describing People
- 4. Asking Questions
- 5. Saying What's Needed
- 6. Giving Reasons
- 7. Describing Feelings
- 8. Making Suggestions
- 9. Talking about Rules
- 10. Communicating Feedback
- 11. Complaining and Criticizing
- 12. Clarifying and Explaining
- 13. Agreeing and Disagreeing
- 14. Discussing Responsibilities
- 15. Giving Warnings
- 16. Expressing Ideas and Attitudes
- 17. Apologizing
- 18. Encouraging Others
- 19. Comparing and Contrasting
- 20. Considering Options

20 VIDEOS ON EMPLOYABILITY & BEST PRACTICE



CUTTING EDGE COMEDY 10 comic case study videos to teach employability skills.

Ideal for students and new starters to achieve success at work.

Two new interns arrive at Cutting Edge but not everything goes smoothly. Tatiana speaks five languages but must change her negative thinking. Dion is the overconfident smart-talking nephew of the boss. Students can learn from their mistakes and gain an edge to succeed in job interviews, communicate well at work and achieve results.



10 case study videos set in real orgnaizations on best practice workplace skills.

For managers, teams and staff at all levels, this outstanding series of case studies filmed in best practice organizations features managers and staff who share powerful insights and strategies.

Find out how these organizations achieve workplace excellence.

* All videos include PDF resources

SUCCESS AT WORK SERIES

1. Make a Great Impression

SAW01 | 11 mins

Dress for success, be enthusiastic and introduce professionally.

2. Communicate Effectively

SAW02 | 13 mins

Project positively, listen and respect others and be clear and engaging.

3. Be Confident and Assertive

SAW03 | 11 mins

Speak with confidence, overcome personal blocks and be assertive

4. Set and Achieve Goals

SΔWN/4 **I** 11 mins

Be clear about your goals and steps to achieve them and persist.

5. Prioritize and Organize

SAW05 | 12 mins

Plan for success, manage yourself efficiently, prioritize to get results.

6. Contribute to the Team

SAW06 I 11 mins

Speak at meetings, volunteer to help and collaborate with others.

7. Appreciate Feedback

SAW07 | 13 mins

Welcome feedback without defensiveness and continually improve.

8. Build Employability Skills

SAW08 | 11 mins

Find ways to learn new skills, manage your emotions and speak impressively.

9. Demonstrate Your Strengths

SAW09 | 11 mins

Surprise people with knowledge, experience and self-awareness.

10. Impress at Job Interviews

SAW10 | 12 mins

Create a wow response by quality preparation and interview skills.

WORKPLACE EXCELLENCE SERIES

1. Vision & Values

WF1 | 15 mins

Be inspired to develop a powerful vision and values to motivate others

2. Inspirational Leadership

WF2 | 13 mins

Discover the behaviours, attitudes and strategies of outstanding leaders

3. Motivating Fun Workplace

WE3 | 11 mins

Find out why some people love coming to work and doing their best

4. Open Communication & Teamwork

WF4 | 12 mins

Learn how to communicate effectively to achieve best results

5. Passion for Service Excellence

WF5 I 12 mins

See the difference when people want to provide exceptional service

6. Innovation & Continuous **Improvement**

WE6 | 11 mins

Inspire everyone to be creative, offer suggestions and make improvements

7. Green & Giving

WF7 | 11 mins

Find out how easy it is to make a difference at work and for the environment

8. Recognition & Feedback

WE8 | 13 mins

Motivate people, develop skills and improve work performance.

9. Wellbeing & Balance

WE9 | 11 mins

Discover how healthy people with work/life balance will be happier and more productive.

10. Employer of Choice

WE10 | 11 mins

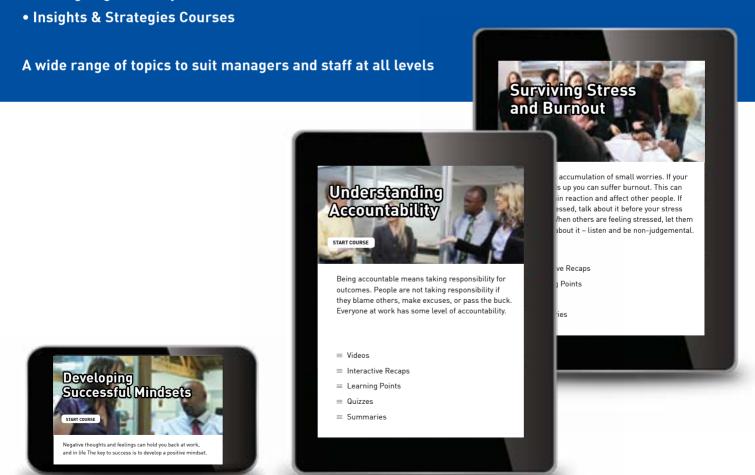
Find out how to be a respected and award winning employer.

E-LEARNING COURSES



250 courses to be released in 2019-2020

• Cutting Edge Comedy Communication Courses



100 VIDEOS ON BUSINESS & PERSONAL EXPERTISE

Featuring business experts



President Judy Olian Quinnipiac University (Former Dean, UCLA Anderson)



Peter Quarry Psychology Expert



Jan Durrans **Executive Senior** Vice President



Colin McLaren Author and Former Homicide Task Force Leader



Eve Ash **Psychologist**

Psychologist Eve Ash interviews experts and business leaders who share their experiences and their strategies for achieving best practice. Topics cover key leadership and people skills, safety, markting, career and interpersonal skills.

Each video is divided into segments, some of which feature in our Microlearning Videos page 4.

Discover practical strategies to implement and solve business problems. Be inspired by the latest research and developments.



39 new programs in 2019

10 VIDEOS

MANAGING PEOPLE PROBLEMS

- 3 Inroads for Handling a Narcissist *
- 4 Perspectives on Bullying and Harassment*
- Bullying Even at the Top
- Gender Inequality
- Managing Disruptive Conduct
- Managing Grievances
- Laying Off and Redeploying People
- Skills for Managing Redundancy/ Layoffs
- The Problem of Nightmare Staff
- Unfair Dismissal

9 VIDEOS

HR STRATEGY & RECRUITMENT

- Career Management and Talent Review
- Confidentiality Obligations by HR
- HR Dashboard of Metrics and Analytics
- HR Strategy anad Management
- Managing Recruitment Effectively
- Performance Appraisals
- Recruiting High Achievers
- Reward and Remuneration
- The Induction Promise

6 VIDEOS

INFLUENCING & SALES SKILLS

- Can I Help You?
- Designing and Facilitating Training *
- Developing Sales Capabilities
- Implementing Successful Training
- Lobbying and Influence
- Skills for Lobbying Government

8 VIDEOS

COMMUNICATION, CREATIVITY & PROBLEM SOLVING

- 3 Steps to Critical Thinking *
- 4 Communication Skills Everyone Needs *
- 4 Strategies for Building Collaboration *
- 4 Ways to Boost Creativity *
- 5 Essentials for Powerful Presentations *
- A Positive Approach to Speaking *
- Dig Deeper to Get it Right *
- Solve Problems with Appreciative Inquiry *

8 VIDEOS

LEADERSHIP SKILLS & TEAM SUCCESS

- 4 Pathways to Managing Millennials *
- 4 Ways to Build Accountability *
- 4 Ways to Motivate Your Team *
- A Formula for Team Success
- Developing Self-Motivated People *
- How to Manage a Task Force *
- Managing a Virtual Team *
- Setting Goals to Stretch and Grow

10 VIDEOS

POWERFUL LEADERS & POSITIVE CULTURE

- 4 Essentials for a Respectful Workplace *
- 4 Skill Sets for Successful Leadership *
- 4 Ways to Boost Your Leadership Skills
- Culture and Oneness
- Inspiring Social Change
- Planning & Scheduling for Results
- Rock Star Leadership
- The Secure Leader *
- · Working with the Board
- You Manage the Culture

INSIGHTS AND **STRATEGIES**



Professor Elizabeth Loftus Dinstinguished Professor Unversity of California



Professor Robert Feldman Psychological and Brain Sciences UMASS, Amherst



Peter Walsh Organization Guru

COMING SOON

6 NEW VIDEOS WITH PETER WALSH on how to best organize yourself, your team and your workplace for greater productivity, to work more efficiently and feel motivated to achieve.



Peter Wallbridge



Sadhana Smiles



Pete Williams



Angela Perry



Maria Deveson-Crabbe



Ross Campbell Ben Walkenhorst



Kylie Bell

8 VIDEOS

BUSINESS SUCCESS & PROFIT

- 7 Levers to Success
- Increasing Website Traffic
- Entrepreneur Skills
- Taking Ideas into Business Reality
- Improving Profitability in Tough Times
- Growing a Franchise
- Mergers, Acquisitions and Divestments
- The Value of Employee Ownership

6 VIDEOS

MARKETING. BRAND & REPUTATION

- Brand Marketing
- Creating Your Brand Proposition
- Building Brand and Reputation
- Stakeholder Reputation Research
- The Value of Podcasts
- Managing Bad Press

6 VIDEOS

CAREER & PERSONAL STRATEGY

- 4 Ways to Enhance Your Career
- An Efficient Approach to Online Dating
- Building Your Personal Brand
- Career Resilience
- Creating a Powerful Resume
- Elevator Pitch

6 VIDEOS

POSITIVE PSYCHOLOGY & WELLBEING

- 6 Keys to Wellbeing *
- Emotions at Work *
- Hope Theory at Work ★
- How to Increase Resilience ★
- Mindfulness at Work *
- Power up with Strengths *

9 VIDEOS

CRISES, CRIMES & ENSURING SAFETY

- Achieving Best Practice in Crisis Management
- Asking Questions in an Investigation *
- Crisis Management Strategy Planning
- Managing Crises and Brand Damage
- Proactive About Safety and Security *
- Running an Effective Crisis Simulation • Steps to Solve Workplace Accidents and
- Crimes * • The Power for Checklists in Crisis
- Management Understanding Crime and Upholding Safety *

8 VIDEOS

LIES, LOVE & LEGAL ISSUES

- Copyright Warning
- Lies, Crimes and False Confessions *
- Living with Lies *
- Love, Lies and Exaggeration *
- Psychology, Law, Lies and False * Memories
- Seeking Legal Advice
- Take Care Giving Expert Advice
- Understanding Intellectual Property



Listen, learn, improve and grow

10 VIDEOS

MANAGING PEOPLE PROBLEMS

3 Inroads for Handling a Narcissist *

12 minutes | INSIGHTS62

Gain insights and practical strategies from Peter Quarry on dealing with a narcissist.

4 Perspectives on Bullying and Harassment ★

14 minutes | INSIGHTS67

A program that clarifies bullying and harassment, and provides some case studies.

Bullying Even at the Top

19 minutes | INSIGHTS09

Undermining and bullying at senior levels is unacceptable and requires zero tolerance.

Gender Inequality

10 minutes | INSIGHTS22

Gender balance is beneficial and a priority, and requires strategies and remuneration equality.

Managing Disruptive Conduct

10 minutes | INSIGHTS33

Understand the issues, ensure code of conduct and resolve through consultation.

Managing Grievances

17 minutes INSIGHTS34

Steps to ensure grievances are managed well and HR obligations and confidentiality maintained.

Laying Off and Redeploying People

14 minutes | INSIGHTS38

Manage the challenges and sensitivities with preparation, policy and clear roles.

Skills for Managing Redundancy/ Layoffs

10 minutes | INSIGHTS44

The skills required when companies and roles change and some people don't perform.

The Problem of Nightmare Staff

15 minutes | INSIGHTS50

Various practical strategies are provided to manage performance of problem staff.

Unfair Dismissal

10 minutes | INSIGHTS54

Investigates unfair dismissal, through documentation and policy implementation.

9 VIDEOS

HR STRATEGY & RECRUITMENT

Career Management and Talent Review

14 minutes | INSIGHTS11

Practical tips for succession planning and implementing a talent review process.

Confidentiality Obligations by HR

7 minutes | INSIGHTS13

Understanding confidentiality expectations with personnel data and employment contracts.

HR Dashboard of Metrics and Analytics

14 minutes | INSIGHTS24

Performance, remuneration, engagement surveys, OH&S and the value of the HR dashboard

HR Strategy and Management

17 minutes | INSIGHTS25

HR fundamentals and management in the employment life cycle from recruitment to exit.

Managing Recruitment Effectively

18 minutes | INSIGHTS35

Determine top criteria, the evaluation matrix, behavioral interviews and work tests.

Performance Appraisals

14 minutes | INSIGHTS37

Ensure best outcomes: agree goals KRAs, values, attitudes, achievements and innovations.

Recruiting High Achievers

17 minutes | INSIGHTS59

Jan Durrans explains practical strategies to hire problem solvers vs problem bringers.

Reward and Remuneration

16 minutes | INSIGHTS39

Ensure fair and thorough policies with transparency, consistency and creative benefits.

The Induction Promise

9 minutes | INSIGHTS48

Consistency of managers talking to recruits ensures no disappointment with overpromising.

6 VIDEOS

INFLUENCING, SALES & TRAINING SKILLS

Can I Help You?

14 minutes | INSIGHTS10

Engage customers from the first moment, recognize service turn offs and use pattern interrupt.

Designing and Facilitating Training *

12 minutes | INSIGHTS75

Considerations when designing training programs and building interactivity.

Developing Sales Capabilities

13 minutes | INSIGHTS19

Sadhana Smiles explains how to develop sales people, so they achieve success.

Implementing Successful Training

12 minutes | INSIGHTS26

Develop a systematic approach considering business needs, skill gaps and PDPs.

Lobbying and Influence

13 minutes | INSIGHTS30

Understand how to effectively lobby for change and persist to overcome challenges.

Skills for Lobbying Government

13 minutes | INSIGHTS43

Maria Deveson-Crabbe explains ow to present your case effectively to lobby for change.





Inspire awareness and improvement



8 VIDEOS

COMMUNICATION, **CREATIVITY & PROBLEM SOLVING**

3 Steps to Critical Thinking *

12 minutes | INSIGHTS63

Develop the skills to recognize and switch off emotions, and improve critical thinking.

4 Communication Skills Everyone Needs *

13 minutes | INSIGHTS64

Learn about lean and adaptable communication, connecting with others and professional social media.

4 Strategies for Building Collaboration *

11 minutes | INSIGHTS69

Discover the collaboration conversation, avoid collaboration killers and improve meeting efficiency.

4 Ways to Boost Creativity *

15 minutes | INSIGHTS70

Learn to think outside the box, develop mental capacity and leverage power of groups.

5 Essentials for Powerful * **Presentations**

18 minutes | INSIGHTS73

Peter Quarry shares the key ways to make a great presentation, and to be persuasive.

A Positive Approach to Speaking *

8 minutes INSIGHTS03

Sadhana Smiles shares enthusiasm for presenting by unlocking passion and displaying goals.

Dig Deeper to Get it Right *

13 minutes | INSIGHTS86

Develop pride in getting it right, challenge the process with an open mind and persevere.

Solve Problems with Appreciative Inquiry *

15 minutes | INSIGHTS83

Kylie Bell explains the five stages of appreciative inquiry and provides case study applications.

8 VIDEOS

LEADERSHIP SKILLS & TEAM SUCCESS

4 Pathways to Managing Millennials *

12 minutes | INSIGHTS66

Appreciate unique strengths of millennials, engage and motivate them and give them a say.

4 Ways to Build Accountability *

14 minutes | INSIGHTS71

Build accountability in teams, with individuals, and learn how to hold someone to account.

4 Ways to Motivate Your Team *

14 minutes | INSIGHTS72

Recognize and turn around low motivation, improve team leadership and develop survival skills.

A Formula for Team Success

13 minutes | INSIGHTS02

How to ensure a successful virtual team. with A-level attitude and skill, and daily learning.

Developing Self-Motivated People *

14 minutes | INSIGHTS76

Apply self-determination theory at work and learn how to unlock intrinsic motivation.

How to Manage a Task Force *

13 minutes | INSIGHTS87

Select the best people for the toughest challenge, communicate, motivate and manage pressure.

Managing a Virtual Team *

8 minutes | INSIGHTS80

A virtual team requires clear goals, roles and planning, commitment and relationships.

Setting Goals to Stretch and Grow

13 minutes | INSIGHTS58

develop teams with qualitative, quantitative and tier goals. Agree, measure document and review.



10 VIDEOS

POWERFUL LEADERS & POSITIVE CULTURE

4 Essentials for a Respectful Workplace *

13 minutes | INSIGHTS65

Everyone needs to understand and share respect and leaders need to create a respectful culture.

4 Skill Sets for Successful Leadership *

16 minutes | INSIGHTS68

Discover leadership skills for a chaotic world, authentic leadership and a simple survival kit

4 Ways to Boost Your Leadership Skills

11 minutes | INSIGHTS61

Judy Olian encourages learning more about yourself, seeking diversity and encouraging truth tellers.

Culture and Oneness

15 minutes | INSIGHTS18

Create enabling environment, lead your people to be united and measure engagement.

Inspiring Social Change

14 minutes | INSIGHTS29

Creative ideas for championing social change. Link strategy to outcomes, branding and engagement.

Planning & Scheduling for Results

17 minutes | INSIGHTS57

Strategies to ensure efficiency and accountability. Commit to plan, prioritize, schedule and review.

Rock Star Leadership

11 minutes | INSIGHTS40

Key characteristics of outstanding leaders. The caring, decisive leader is an ambassador.

The Secure Leader *

15 minutes | INSIGHTS84

Kylie Bell explains attachment theory and the four ways to become a secure leader.

Working with the Board

11 minutes | INSIGHTS55

Governance and accountability, building successful relationships and tips for presenting to boards.

You Manage the Culture

9 minutes | INSIGHTS56

Ensure fair and thorough policies, be aware of warning signs, re-engage staff and do team building.

Learn and lead by example

8 VIDEOS

BUSINESS SUCCESS & PROFIT

7 Levers to Success

14 minutes | INSIGHTS01

Pete Williams' framework for driving profit. Measure each lever and involve the team.



Entrepreneur Skills

12 minutes | INSIGHTS21

Skills for entrepreneurial success include business and analytical skills, and resilience.

Growing a Franchise

11 minutes | INSIGHTS23

Sadhana Smiles' key steps for success growth include systems, brand standards and training.

Improving Profitability in Tough **Times**

12 minutes | INSIGHTS27

Discover compelling insights into financials, fluctuations and tough decisions.

Increasing Website Traffic

13 minutes | INSIGHTS28

Strategies are discussed including Google Adworks, Analytics, SEO and conversions.

Mergers, Acquisitions and **Divestments**

17 minutes | INSIGHTS36

An inside view on M&A activity, covering structure, leadership honesty and new culture.

Taking Ideas into Business Reality

12 minutes | INSIGHTS47

Skills and strategies to test ideas, prove viability, use elevator pitch and crowdfunding.

The Value of Employee Ownership

12 minutes | INSIGHTS51

Angela Perry's advice on employee ownership - best practice, business growth and alignment.

6 VIDEOS

MARKETING, BRAND & REPUTATION

Brand Marketing

10 minutes | INSIGHTS06

Sadhana Smiles discusses how your brand reflects your product and service image.

Creating Your Brand Proposition

11 minutes | INSIGHTS16

Ensure your brand represents the image you want - value proposition, brand essence and



Building Brand and Reputation

15 minutes | INSIGHTS07

Build a powerful brand and secure your reputation. Consider brand damage and brand experience.

Stakeholder Reputation Research

13 minutes | INSIGHTS45

Maria Deveson-Crabbe discusses how to uncover perceptions so you can build influence.

The Value of Podcasts

15 minutes | INSIGHTS52

Practical advice to create and market podcasts - a powerful way to connect with your market.

Managing Bad Press

15 minutes | INSIGHTS31

Maria Deveson-Crabbe shares a tragic case study with powerful lessons on turning it around.



6 VIDEOS

CAREER & PERSONAL STRATEGY

4 Ways to Enhance Your Career

11 minutes | INSIGHTS60

Say YES to assignments, uphold 100% integrity, step out of safe zone and learn from failure

An Efficient Approach to Online **Dating**

14 minutes | INSIGHTS05

Efficient online strategies for single people. Differentiate yourself and create selection



Building Your Personal Brand

13 minutes | INSIGHTS08

Sadhana Smiles explains a strategic approach to personal branding, the tangibles and intangibles.

Career Resilience

14 minutes | INSIGHTS12

Personal capabilities to do well in tough times including distinctive competencies and volunteering.

Creating a Powerful Resume

17 minutes | INSIGHTS15

Peter Wallbridge explains how your resume should stand out and attract recruiters

Elevator Pitch

10 minutes | INSIGHTS20

Ben Walkenhorst offers practical tips to impress and offers examples and benefits.



Up-to-date business knowledge



6 VIDEOS

POSITIVE PSYCHOLOGY & WELLBEING

6 Keys to Wellbeing *

14 minutes | INSIGHTS74

Kvlie Bell introduces the PERMAH formula for well being at work with practical applications.

Emotions at Work *

14 minutes | INSIGHTS77

Emotions are a powerful tool at work; positive emotions help us perform better.

Hope Theory at Work *

16 minutes | INSIGHTS78

Understand how hope theory can be beneficial in achieving goals. Learn to create hope maps.

How to Increase Resilience *

15 minutes | INSIGHTS79

Build resilient people and teams and reduce stress by exploring practical strategies from Kvlie Bell

Mindfulness at Work *

15 minutes | INSIGHTS81

Kylie Bell provides insight into the power of mindfulness and practical applications at

Power up with Strengths *

12 minutes | INSIGHTS82

Explore ways to find our own strengths, manage performance with strengths and improve the team.



9 VIDEOS

CRISES, CRIMES & ENSURING SAFETY

Achieving Best Practice in Crisis Management

15 minutes | INSIGHTS04

Powerful lessons learned from unfolding crises, requiring reliable specialist communications.

Asking Questions in an Investigation *

17 minutes | INSIGHTS85

Visualize the Q&A path, build rapport, listen with an open mind and ask short questions for long answers.

Crisis Management Strategy Planning

15 minutes | INSIGHTS17

Identify threats and manage serious risk, ensuring top team control and business continuity.

Managing Crises and Brand Damage

15 minutes | INSIGHTS32

Plan and rehearse for worst scenarios. Consider losing control, business failure and the dark site.

Proactive About Safety and Security *

16 minutes | INSIGHTS88

Be proactive about security, fortify premises, scrutinize people and prevent violence.

Running an Effective Crisis Simulation

17 minutes | INSIGHTS41

Create and facilitate crisis scenario training with rehearsals, reviews and improvements.

Steps to Solve Workplace Accidents and Crimes *

13 minutes | INSIGHTS89

Take control, gather and document evidence efficiently and get agreement and admissions.

The Power for Checklists in Crisis Management

12 minutes | INSIGHTS49

Ross Campbell recommends checklist detail and strategy to ensure accountability

Understanding Crime and Upholding Safety *

13 minutes | INSIGHTS90

Colin McLaren gives insights into criminals. He recommends policies and scrutiny of people.

8 VIDEOS

LIES, LOVE & LEGAL ISSUFS

Copyright Warning

13 minutes | INSIGHTS14

Sound advice to ensure copyright is protected. Covers permissions, logos, and plagiarism.

Lies, Crimes and False Confessions ★

17 minutes | INSIGHTS91

Robert Feldman discusses lies, memories. crimes, false memories and polygraphs.

Living with Lies *

13 minutes | INSIGHTS92

Robert Feldman's research suggests everyone lies. So what is the impact of living with lies?

Love, Lies and Exaggeration *

9 minutes | INSIGHTS93

Eve Ash and Elizabeth Loftus discuss lying about affairs and Eve shares a personal

Psychology, Law, Lies and False Memories *

19 minutes | INSIGHTS94

Elizabeth Loftus discusses eye-witness problems, wrongful convictions and false memories.

Seeking Legal Advice

14 minutes | INSIGHTS42

Angela Perry stresses the importance of the relationship and outcomes, and covers other key issues.

Take Care Giving Expert Advice

14 minutes | INSIGHTS46

Don't get caught out giving advice. Consider credibility, regulation, accreditation and limitations.

Understanding Intellectual Property

14 minutes | INSIGHTS53

Learn about IP ownership, employment contracts, ©, trademarks and nondisclosure agreements.

32 VIDEOS FOR TEAMS & INTERVIEW SKILLS

DIFFICULT PEOPLE AND SITUATIONS SERIES

1. Leadership Sins

DIFF1 | 22 mins

David is unaware of how disempowering his behavior has become. Anne gives David specific feedback and he improves.

2. Personality Clash

DIFF2 | 14 mins

Anne's demands and Kim's mess have created a conflict that must be resolved

3. Damage Control

DIFF3 | 2 x 7 mins

Tash is faced with an angry customer, a quality problem and a defensive team.

4. Bullying & Harassment

DIFF4 | 15 mins

Four case studies to determine when the line is crossed with aggression. undermining, criticising and unwanted advances.



MEETING SERIES

1. Meeting Case Study

MEETCASE | 18 mins

Sadhana's diverse team has trouble agreeing, and must learn meeting skills.

2. Meeting Segments

MEETSEG | 33 mins (6 parts 3-9 mins each) A trigger series to develop skills - recall, minute-taking, presentation and facilitation. Any segment can be used as a stand-alone.

* All videos include PDF resources

JOB INTERVIEW SUCCESS

1. Job Interviews - No Surprises

JISS1 | 12 mins

Be prepared for questions and challenges.

2. Positive Mindset for Interviews

JISS2 I 12 mins

Use calm positive body language to excel.

3. Skills for Answering Questions

JISS3 I 16 mins

Give winning responses to challenging questions.

4. Show Enthusiasm & Confidence

IISS4 | 8 mins

Be proactive with knowledge and interview skills

5. Receptionist Interviews

JISS5 I 14 mins

Hear feedback and advice for three job applicants.

6. Café Interviews - Mistakes &

Success JISS6 I 15 mins

Turn mistakes around with enthusiasm and initiative

7. Event Assistant Interviews

JISS7 | 18 mins

Shine even when you lack skills and experience.

8. Customer Service Role Plays

JISS8 | 19 mins

Learn how to perform well in work-test scenarios.

9. Cadetships - Students Face a

Panel JISS9 | 20 mins Prepare for panels and scenario questions.

10. Group Assessment Interview

JISS10 | 17 mins

Learn skills for group performance challenges.

11. Graduate Interviews

JISS11 | 19 mins

Discover the key to success for matched applicants.

12. Office Interview - Confidence &

Persistence JISS12 | 15 mins

Success from persistence, confidence and clarity.

13. Success at Every Level

JISS13 | 19 mins

Skills for reception, property and sales jobs.

14. Pitching Your Business

JISS14 | 6 mins

20 practical tips for pitching to a prospective client.

SELECTION INTERVIEW **SKILLS SERIES**

1. Body Language & Rapport in Interviewing

SIS1 | 10 mins

Best strategies to put job applicants at ease.

2. Question Types in Interviews

SIS2 I 12 mins

Learn situational, behavioral and probing auestions.

3. Office Manager Interview

SIS3 | 18 mins

Powerful case study to evaluate skills on both sides

4. Anna or Mat?

SIS4 | 22 mins

Compare two applicants and choose the best.

5. Interviewing for Receptionist

SIS5 | 10 mins - 2 versions

Case study with 20 key points for best results

6. Sales Rep Interview

SIS6 | 14 mins - 2 versions

Challenging questions and tips to assess

7. Property Manager Interview

SIS7 | 13 mins- 2 versions

Powerful case study for specific job challenges.

8. Assessment Centre Interviews

SIS8 | 13 & 34 mins - 2 versions

Panels and group techniques to assess

9. Behavioural Interview Triggers

SIS9 I 24 mins

Review behavioral or situational in 18 clips.

10. Role Plays & Work Tests

SIS10 | 13 mins

Develop skills for work tests and role-plays.

11. Interviewing Panels

SIS11 | 11 & 20 mins

Dos and Don'ts for effective panel interviews

12. Reference Check

SIS12 | 8 mins

Effective checklist for interviewing referees.

28 VIDEOS FOR EXPERTS & EDUCATION

EXPERT EVIDENCE SERIES





The Expert Evidence Series includes 22 short videos on a range of topics designed to help anyone who must give expert evidence in court.

12 interview videos: These videos features a range of legal and forensic experts sharing their knowledge and expertise: Frank Vincent, David Wells, Barbara Etter, Stephen Cordner, David Denton, Sam Norton, Karl Kent and Anne Smith.

10 dramatized case studies: These case study scenarios demonstrate common mistakes and improvements, providing an opportunity to determine best ways to present.

12 x Interview Videos

- 1. Role of the Expert 4.5 mins
- 2. Ethics and Standards 4.5 mins
- 3. Credentials and Technology 9 mins
- 4. Credibility and Experience 6 mins
- 5. Expert Witness Preparation 4.5 mins
- 6. Pre-appearance Discussions 4 mins
- 7. Effective Written Reports 7 mins
- 8. Presenting Reports and Opinions 7.5 mins
- 9. Presentation Skills 7 mins
- 10. Mistakes and Challenges 5 mins
- 11. Miscarriages of Justice 12 mins
- 12. Top Tips 7 mins

10 x Case Studies

Expert Evidence Case Study 01: 1 min Expert Evidence Case Study 02: 1.5 mins Expert Evidence Case Study 03: 3 mins Expert Evidence Case Study 04: 5 mins Expert Evidence Case Study 05: 1.5 mins Expert Evidence Case Study 06: 3 mins Expert Evidence Case Study 07: 1 min Expert Evidence Case Study 08: 2 mins Expert Evidence Case Study 09: 2 mins Expert Evidence Case Study 10: 2 mins

SEXUAL HEALTH

Chlamydia - The Secret is Out

CHLAM | 24 minutes © ARCSHS - La Trobe University



This common STI can cause infertility. Treatment is easy!

Chloe is shocked by a text from a boy warning of chlamydia. Kane has a secret and must see a doctor.

Herpes - The Secret is Out

7HSV | 12 minutes



A common virus causing cold sores and genital herpes.

Avoid embarrassment and find out how you get, avoid and treat herpes. An informative program that promotes open communication and healthy relationships.

* All videos include PDF resources

TEACHING & LEARNING SERIES



This series is designed for teachers, staff and educators of young children.

1. Teaching Literacy

TAL1 | 22 mins

Learning to read and write can be fun with creative techniques.

- Rephrase, reinforce and summarize
- Encourage students to predict, reflect, discuss and support each other

2. Teaching Numeracy

TAL2 | 16 mins

Create numerical challenges for children.

- Open ended activities and questions
- Encourage trial and error to find solutions

3. Peer Mediation

TAL3 | 15 mins

Prevent bullving and improve peer communication for teachers and students.

- Use 5-step mediation strategy
- Build leadership and problem solving skills
- Use active listening, agree and congratulate



An ideal anti-bullying videos for kids

4. Effective Schools

TAL4 | 15 mins

Implement practical strategies to ensure students are happy and motivated to learn.

- Involve parents and students in strategic planning
- Develop leaders, manage bullying and difficult students



Build confidence in kids

INTRODUCTORY SERIES

This multi-award winning series covers:

- Learning from mistakes
- Confidence and speaking out
- Healthy eating decisions
- Caring and apologizing

Ep 1: Discovering the Magic | 5 minutes

Catherine uses the magic box and 'me' messages to overcome teasing.

Ep 2: Sharing the Magic | 4 mins

Catherine teaches Tom to use the magic box to overcome fear of speaking in public.

Ep 3: Kate Finds Her Magic | 5 mins

Kate makes some big changes around fitness and health and stops eating junk food.

Ep 4: The Magic at Work | 4 mins

The magic of self-talk is put into practice when Catherine competes in the big race.

FINDING MY MAGIC -INTRODUCTORY SERIES DVD SET PRICE \$77

STOCKCODE: FMM01



FINDING MY MAGIC -CHILDREN'S RIGHTS SERIES

STOCKCODE: FMM02

FINDING MY MAGIC SET SET OF 2 KITS

STOCKCODE: FMMSET

* All videos include PDF resources

CHILDREN'S RIGHTS SERIES

Highly acclaimed series and resource kit covers:

- Human rights
- Fairness and responsibilities
- Coping with aggression
- Understanding diversity
- Skills to speak up

Ep 1: Let's Be Fair | 7 mins

Vin struggles to speak English as the class learns about fairness.

Ep 2: Listen to Me | 5 mins

Catherine's suggestions are overlooked but she soon makes sure she is heard.

En 3: That's Private | 4 mins

Kate crosses a line of confidence when she reads Tom's private diary.

Ep 4: Don't Bully Me | 5 mins

Tom learns that we all have the right to be protected from harm.

Ep 5: Be at School | 4 mins

Catherine notices that Kate has been missing school and is surprised to find out why.

Ep 6: What's Best For Me | 5 mins

After an initial protest, Tom learns about adults deciding what is best for children.





Ep 7: Let's Be Healthy | 5 mins

Kate learns about the right to good health, after a toothache caused by neglect.

Ep 8: My Right to a Good Home | 4 mins

With the help of Catherine, Morko discovers the right to a basic standard of living.

Ep 9: Respect My Beliefs | 5 mins

The children learn to appreciate different cultures after Reema is discriminated against.

Ep 10: Don't Exploit Me | 4 mins

Catherine learns the right to be protected from exploitation.

Ep 11: Keep Me Safe | 6 mins

Kate is very upset and tells Catherine a secret about being hurt by her mum's boyfriend.

Ep 12: Know My Rights | 7 mins

Catherine makes a class presentation about the Stolen Generation.



Cathy Freeman OAM,

The character of Catherine is based on and voiced by Olympic champion Cathy Freeman OAM, Cathy Freeman Foundation.

Man On The Bus

Can a secret change who you are?



'Man on the Bus is told with cinematic flair and a ton of heart'

'Honest and unafraid, the film reveals truths that are not always well received'





